

## Four great minds in neurobiology, bioplasticity, education and psychology come together over 3 big days to deliver the most up to date and comprehensive Explain Pain package yet.

NOI is very proud to once again present EP3, a one-off, novel, education event where Lorimer, David, Kevin and Robert combine to bring you the latest from the worlds of pain, neuroscience, education and psychology, reflecting and integrating each of their special interests in a unique program.

Following on from the sold out success of EP3 2014 in Melbourne, EP3 2015 will once again be more like a mini-conference, with its international line-up and a range of lunch time activities and workshops all in the well-known NOI style (anything could happen!).

### The instructors – what a team!

**Lorimer Moseley** and **David Butler** are well known in Australia for their courses, research and classic texts Explain Pain and the Explain Pain Handbook. They will present the juiciest parts of their ever-changing Explain Pain course including up-to-date neuroimmune science, the role of space around the body in pain, metaphor and immunology and the power of story telling. They will also introduce the future of explaining pain including the Protectometer and Sarah-Bella as a new clinical tools and the power of DIM SIMs!

To enhance Explain Pain and other therapeutic outcomes we have invited **Kevin Vowles**, a Psychologist and Associate Professor from the University of New Mexico. Well-versed on all matters in acute and chronic pain, Kevin is the world's leading exponent of Acceptance and Commitment Therapy (ACT) in relation to chronic pain. As part of the CBT family of therapies, ACT includes acceptance and mindfulness methods along with activation and behaviour change therapies. We are excited – the psychological flexibility which is a cornerstone of ACT will help to supercharge Explain Pain interventions.

**Robert Coghill** is a genuine heavy in the world of pain. He is Professor of Neurobiology and Anatomy at the Center for Integrative Medicine at Wake Forest School of Medicine in South Carolina. Robert's group at the Pain and Cognition Lab use fMRI and psychophysical techniques to study the fundamental aspects of how the brain makes pain. He has a publication list longer than your arm covering topics such as expectation, neural correlates of mindfulness and itch. We couldn't ask for a better guide to take us through the latest advancements in pain science.

*I was there last year – shall I come again?* YES! There will be so much completely new and original material, new jokes, and a couple of out-of towners. We're so sure that you'll learn something new and enjoy the event that we're giving anyone returning from EP3 2014 two free books! Some of the new content will include using Acceptance and Commitment Therapy with Explain Pain, the very latest in brain imaging, understanding the cortical body matrix, how to knock off DIMs and find powerful SIMs, powered up story telling and the mysteries of Sarah-Bella.



**Moseley | Butler | Vowles | Coghill**

**Melbourne, Australia | 27-29 March 2015**

- Venue** Rydges on Swanston  
701 Swanston Street, Melbourne,  
Victoria, Australia
- Host** Fran Ammirato (NOI HQ)  
[courses@noigroup.com](mailto:courses@noigroup.com)  
Telephone Tue-Fri: (08) 8211 6388
- Cost** \$995 inc. GST per registrant  
*Includes workbook, tea breaks, lunches  
and lunchtime activities.*

*For those who attended EP3 2014, registering for EP3 2015 will entitle you to a free copy of both the **Graded Motor Imagery Handbook** and the soon to be released **EP Handbook: Protectometer**. Following registration and payment contact [karin@noigroup.com](mailto:karin@noigroup.com) to claim your books (available for collection at the course).*

### To register

Spaces are limited, EP3 2014 sold out, so confirm your place by contacting the course host, lodging the application overleaf, or submitting an 'Enquiry' via [www.noigroup.com/courses](http://www.noigroup.com/courses). Your place will be confirmed once payment is received.

### Who is it open to?

Open to all professionals working with patients or clients in acute and chronic pain and stress states, including: physiotherapists, occupational therapists, doctors, psychologists, nurses, chiropractors, osteopaths, rehabilitation counsellors. Lawyers, journalists, drug reps and the insurance world are welcome too!

### Course delivery

A blend of lectures, interaction, practical workshops, with ample to time to mix with the presenters throughout the three days... plus some famous NOI extra curricular activities. Keep in touch and check back regularly as the programme takes shape and grows.



# noi

Healthy notions of self through neuroscience knowledge

## course registration form one form per registrant

### **EP3 2015: Explain Pain three-day course presented by Moseley, Butler, Vowles and Coghill**

**Date:** Friday to Sunday, 27-29 March 2015

**Time:** Friday 8:30am to 5pm (Registration 8:30 to 9am) | Saturday and Sunday 9am to 4:30pm

**Venue:** Rydges on Swanston, 701 Swanston Street, Melbourne, Victoria, Australia

**Cost:** \$995 (GST inclusive). Cost includes catering, workbook and lunchtime activities.

**Enquiries:** Fran Ammirato – [courses@noigroup.com](mailto:courses@noigroup.com) or telephone (08) 8211 6388 Tuesday to Friday.

To register for this course, please complete the form and follow instructions for payment.

Title (Mr/Ms/Dr): \_\_\_\_\_

First Name \_\_\_\_\_ Last name \_\_\_\_\_

Professional designation \_\_\_\_\_

Organisation \_\_\_\_\_

Email \_\_\_\_\_

Phone (work hours) \_\_\_\_\_ (after hours) \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Dietary Requirements \_\_\_\_\_

Date submitted \_\_\_\_\_

## payment

### CHEQUE

Make payable to  
'Neuro Orthopaedic Institute'  
Post with registration form to:  
Noigroup  
19 North Street  
Adelaide SA 5000

### CREDIT CARD

Fax this form including credit card payment details to (08) 8211 8909

Amount Paid \$ \_\_\_\_\_

Name on card \_\_\_\_\_

Card no. \_ \_ \_ \_ - \_ \_ \_ \_ - \_ \_ \_ \_ - \_ \_ \_ \_

Expiry \_ \_ / \_ \_ CSV \_ \_ \_ Signature \_\_\_\_\_

## Terms and conditions

### NOI COURSES AUSTRALIA

- Prior to (and including) Wednesday 25 February – NOI will refund the paid course fee less a \$50.00 administration fee.
- Thursday 26 February to Friday 12 March – NOI will refund 50% of your paid course fee.
- From Saturday 13 March – No refund, however, your registration may be transferred to a colleague, in which case they will need to submit a registration form so we have their contact and dietary details.
- In the event of NOI having to cancel the course due to unforeseen circumstances, notification will be sent as soon as possible via your contact details provided and registrants will receive a full refund of the course fee.
- Course places are secured once payment has been successfully processed.
- Please note the NOI office is open Tuesday to Friday.